

# THE BREEZE NETWORK

Inspiring more women  
to get on their bikes



**British Cycling needs new Breeze champions to inspire women to get on their bikes.**

**Could you help other women enjoy the fun and freedom of cycling?**

**Do you want to be part of an amazing network of volunteer champions, who are changing the face of women's cycling?**

Breeze provides thousands of cycling opportunities all year round. These fun, free and social bike rides are for women, led by women.

## **Being part of the Breeze network**

We're looking for confident recreational cyclists to train as Breeze champions across the country. There's no need to be a cycling expert – just be confident on a bike and keen to help others. Our Breeze champions are enthusiastic, sociable people eager to inspire women to get more out of their bike, have fun with friends and be part of the Breeze community.

The assessed one-day course qualifies you to deliver guided rides for groups of beginner and intermediate level adults, and accompanied children, on roads and paths. In addition to free national governing body training, we'll provide you with Breeze branded kit and British Cycling Ride membership, as well as ongoing support and guidance.

In return, we hope you will become an integral part of the Breeze team, help promote the Breeze network locally and deliver around 12 rides a year in your local area. Our network of dedicated, passionate volunteer Breeze champions are at the heart of and are key to the success of the programme.

Interested? Just complete the form on the reverse and email it to **[breeze@britishcycling.org.uk](mailto:breeze@britishcycling.org.uk)**



Please note: Champions must be 18 years or over. In order to lead rides on your own you will need to hold a valid Health and Safety Executive approved Emergency First Aid certificate. If you do not have a First Aid certificate, you will qualify as an Assistant Ride Leader and will need to buddy up with a Ride Leader to deliver rides. British Cycling can assist you by reimbursing £25.00 towards the cost of your first aid qualification. We can also give you advice on where to access this training if you are interested.

# EXPRESSION OF INTEREST FORM



If you are interested in training as a Breeze champion and want to help other women enjoy the benefits of cycling, please complete the form below and return to [breeze@britishcycling.org.uk](mailto:breeze@britishcycling.org.uk)

Name
Address
Postcode
Telephone number
Email address
Local Council
How did you hear about becoming a Breeze champion?
Have you been on a Breeze bike ride before? Why do you want to get involved with Breeze?
Do you have a valid first aid qualification? <input type="checkbox"/> Yes <input type="checkbox"/> No

All expressions of interest will be reviewed by Breeze and details will be sent to you regarding champion training courses.

If you have any questions or require further information, please contact the Breeze team at [breeze@britishcycling.org.uk](mailto:breeze@britishcycling.org.uk) or call 0161 274 2117